

# Kidz Biz Education's

## Family Evening Sessions



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Seacliff Primary School will be hosting a **Growth & Development Family Evening** on **Wednesday 23 September starting at 6:40pm**. Due to COVID-19 restrictions, this will be available to the first 15 families only.

The sessions are conducted by **Kidz Biz Education** and are designed to be fun, informative and easy to understand. These highly interactive sessions will provide students and their parents / care providers with an introduction to basic personal and social development education; traditionally known as the 'facts of life'. By all means, sessions will be facilitated in a manner that is not conducive to an awkward or threatening environment. There will be two sessions run on the evening and the topics covered are:

### 6:40pm - Session 1: 'Where Did We Come From' (suitable for Year 2 to Year 4 students)

- Name and discuss basic female & male body parts of the reproductive system
- Disperse myths about where babies come from
- Discuss egg & sperm cells, sexual intercourse(age-appropriate), fertilization/conception
- Discuss the 9 months of foetal development
- Explain natural and caesarian birth processes

### 7:40pm - Session (2) 'What's Happening To Us' (suitable for Year 5 to Year 7 students)

- Name and discuss the female & male body parts of the reproductive system
- Explain the physical & emotional changes during puberty, including menstruation, pads & tampons, sperm production, wet dreams etc
- Discuss ways to improve self esteem and body image
- Discuss the impact e media has on body image including photoshopping
- Looking at ways of getting along with parents including being reasonable and learning to negotiate

The duration of each session will be approximately 50 minutes:

**Session 1:** Commencing at 6.40pm and concluding at 7.30pm

**Session 2:** Commencing at 7.40pm and concluding at 8.30pm

At the end of each session, a list of recommended and age-appropriate books for both students and parents will be provided or alternatively they can be downloaded from the Kidz Biz website [www.kidzbiz.edu.au](http://www.kidzbiz.edu.au).

\*The cost of these sessions is (**\$10.00**) per family payable via QKR.

\*Please indicate family numbers and which session/sessions you will be attending.  
(Session 1), (Session 2) or Both.

